



USATF™

LONG ISLAND 2018 SUMMER SERIES

MEET #4 @ ISLAND TREES HIGH SCHOOL

59 STRAIGHT LANE, LEVITTOWN, NY

WEDNESDAY, AUGUST 1

REGISTRATION STARTS AT 4:00

TRACK EVENTS

Starts at 5:45

(events all ages unless otherwise noted)

3000m Race Walk
Association Championship
100HH & 110 HH only
800m
100m Trials
Peewee 55
400m
1500m
Intermediate Hurdles
200m
Texas SMR
100-100-200-400



USATF™

LONG ISLAND

FIELD EVENTS

5 attempts in jumps & throws

Masters start at 4:30pm

Y/O at 5:45

Long Jump
Triple Jump
High Jump *Lowest to Highest*
Shot Put

AWARDS

TOP 3 IN ALL AGE GROUPS.

REGISTRATION FEES

MEMBERS - \$8/EVENT

NON-MEMBERS - \$12/EVENT

RELAYS - \$15

PEE WEE - \$1

ALL USATF-LI MEMBERS MUST HAVE A VALID & CURRENT MEMBERSHIP NUMBER.
REGISTRATION WILL BE AVAILABLE AT THE MEET.